

Virginia Health Information Publishes Yearly Cardiac Care Report: Readmission and Mortality Rates Decrease in Virginia



Richmond, VA: Virginia Health Information has published its annual [Cardiac Care Report](#) to help consumers compare the quality of care in Virginia’s acute hospitals, learn more about heart disease and find doctors who treat it. Offered as a free, online, searchable tool, the Cardiac Care Report is a valuable resource for patients and caregivers seeking information about their heart care options prior to an emergency or planned medical procedure.

Michael Lundberg, VHI’s Executive Director, says, “Congratulations to Inova Fairfax Hospital and Carilion Medical Center for their consistent high performance in medical cardiology. These hospitals had lower than expected readmission rates and mortality rates, respectively, over each of the past five years.”

Visitors can use the report to compare five years of the most recent mortality and readmission rates for 73 Virginia hospitals. Statewide summaries reflect all cardiac discharges from acute hospitals spanning medical cardiology, invasive cardiology and open heart surgery.

Key findings from the 2018 Cardiac Care Report show:

- Readmission and mortality were slightly lower compared to 2017 data
- Patients between the ages 30 - 39 had the largest decrease in mortality rates
- Males had a slightly higher rate of mortality compared to females
- Readmission rates fell statewide for the 4th year in a row

Virginia Health Information (VHI) is the nonprofit organization that businesses, consumers, the Commonwealth of Virginia and health insurance companies go to for health information. VHI publishes reports and consumer guides on health insurance, hospitals, HMOs, nursing facilities, physicians and other topics at www.vhi.org. To find the latest updates on healthcare data and statistics, find and like VHI on Facebook at www.facebook.com/vahealth.